**Faculty of Law** 

Department: Psychology Professional Area: Psychology Major: Psychological Councelling

**Educational-and-qualification Degree: Master** 

## **COURSE DESCRIPTION**

1. Course unit title: Multidisciplinary Teams and Counselling Standards

2. Course unit code: PSY 30723. Type of course unit: compulsory4. Level of course unit: Master

5. Year of study: first6. Semester: first

7. Number of ECTS credits allocated: 3

8. Name of lecturer: Prof. Valeri Stoyanov, PhD

9. Learning outcomes of the course unit: acquired knowledge, skills and competences:

The course objective is students to know the nature of consulting in different situations and organizations where a multidisciplinary approach is required, to be acquainted with the approaches to build teams of experts for specific consulting services; to know the nature of the organizational change, consulting organizational change and the role of the psychologist in planning change and change management; to know the problems of organizational stress and burnout; to know the specific impact of natural disasters, accidents, catastrophes, acts of terrorism, pirate attacks and wars on the psyche of the people and the possible actions of the psychologist within multidisciplinary teams to assist the victims of those events, to be able to use demobilization, diffusion and debriefing as approaches to reduce the negative impact of different situations;

- 10. Mode of delivery: face-to-face
- 11. Prerequisites and co-requisites: For the study of the course, the Master Students need to have a bachelor's degree in psychology or to take an equivalency module within the Master's Programmes.
- 12. Course contents (annotation): The course includes topics relating to the organization of the consultative process in different organizations and situations, as in effect on the psyche of different groups of people to natural disasters, accidents, catastrophes, acts of terrorism, pirate attacks. Demobilization, diffusion and debriefing are examined as approaches to reduce the negative impact of such situations on both rescuers and victims.
- 13. Recommended and/ or required reading:
- $\Gamma$  е р ч е в а Несторова,  $\Gamma$ . (2009). Комуникативното безпокойство. София, Албатрос.

Герчева-Несторова, Г. (2010). Личност и общуване. София, Албатрос.

Илиева, С. (1998) Привързаност към организацията. Психологичен анализ. С., Албатрос.

Илиева, С. (2006) Организационна култура. Същност, функции и промяна. София, УИ "Св. Кл. Охридски".

И л и е в а, С. (2009) Ценности и трудова мотивация. София, Унив. изд. "Св. Кл. Охридски".

И с а е в а, Е. Р. (2008) Механизмы психологической адаптации личности: современные подходы исследованию копинга и психологической защиты. // Вестник Санкт-Петербургского университета, сер. 12, вып. 2, с. 40–46.

Карагя у рова, Д. (2010). Приложна психология и социална практика. Варна, Стено.

Рашева, М. (2006). Справяне със стреса и депресията. София, Акад. изд. "Марин Дринов".

С т о я н о в, В. (2007). Поведение на хората в ситуации, представляващи заплаха за живота и здравето им. Приложни аспекти за корабоплаването. Варна, ВВМУ.

С т о я н о в, В. (2008). Човекът в организацията. Психологичен анализ. Варна, Псидо.

С т о я н о в, В. (2011). Психичен стрес в организацията. Системен модел за изследване. Варна, ВСУ "Черноризец Храбър".

С т о я н о в, В. (2009). Посттравматичното стресово разстройство. Същност, превенция, терапия. Варна, Псидо.

A l e k s a n d r o v, I., Stoyanov, V. (2010). Psychological consequences from pirate's attack and long captivity among Bulgarian seamen – second part.// Journal of Biomedical & Clinical Research, Vol. 3, Supplement 1, Number 1`2010, p. 90.

C o o p e r, C. L. (Ed.) (2001) Organizational Stress. A Rewiew and Critique of Theory, Research and Applications. Sage Publications, Inc. California.

L a z a r u s, R. (1999) Stress and Emotion. A new Syntesis. NY, Springer Publi-shing Company Inc.

W e i n e r, I. (Ed. In Chief) (2003) Handbook of Psychology, V.12, Industrial and Organizational psychology. Weiner, I & Sons, Inc, N. Jersey.

- 14. Planned learning activities and teaching methods: lecture, individual study, work placement.
- 15. Assessment methods and criteria: The final assessment is based on a defence of a coursework. The assessment of the coursework is a result of the assessment of the submitted written report of the conducted study and analysis of the results and the oral defence. The assessment depends on the completeness of the report and the logical consistence of the presentation. The oral defence is assessed by a brief presentation of the project objectives, the study procedure and the results, as well as the answers to the lecturer's questions. The relative weight of the written report of the total score is 0.5. The relative weight of the oral defence is also 0.5. Requirement for examination admission is the submission of a coursework on a topic and study procedure, agreed with the lecturer in advance.
- 16. Language of instruction: Bulgarian.
- 17. Work placement: In the crisis intervention centre of the university.