**Faculty of Architecture** 

**Department:** Architecture and Urbanism

**Professional field:** Architecture, Civil Engineering and Geodesy

Major: Architecture

**Educational-and-qualification degree:** Master

## **COURSE DESCRIPTION**

Course title: Sports
Course code: SPO 2001
Type of course: compulsory
Level of course: master
Year of study: first

6. Semester when the course is delivered: first7. Number of ECTS credits allocated: 4,5

**8. Name of lecturer**: Ivaylo Ivanov

- **9. Learning outcomes of the course**: The training program provides the study of "Bulgarian folklore dance". Together with the objectives, which the training in "Sport" pursues, namely the development and improvement of vital functions of human organism the dance provides additional opportunities. Through the movements of dance and music to upbringing of the sense of rhythm, organization, aestheticism of posture, gestures, facial expressions, pace.
- 10. Mode of delivery: face-to-face
- **11. Prerequisites and co-requisites**: good physical condition; ordinary health status; general motor body culture.
- 12. Course contents: Musical folklore dances take a significant share of the traditional culture of Bulgaria. Folk dances find their place in the stage works of Bulgarian authors as consistently present in the holiday calendar of contemporary society. The program provides the study of folklore samples from all ethnographic regions of Bulgaria. Students will be acquainted with the wealth of folk dances, types of ethnographic areas, stylistic features, and the usual festive and traditional system of Bulgarians. They will learn the most popular types of Bulgarian horo which still persist in Bulgarian holidays.

## 13. Recommended or required reading:

- Въгларов, Ст., "Български народни хора и танци" изд.Медицина и Физкултура София 1976 год.
- Петров, К., "Български народни танци", изд. "Просвета" София 1993 год.
- Дженев, К., "Кинетография", изд. "Наука и изкуство" 1979 г.
- 14. Planned learning activities and teaching methods: group meetings and workshops
- **15. Assessment methods and criteria**: practical examination
- 16. Language of instruction: Bulgarian.
- 17. Work placement(s): none